

IMPACT-TD SCALE

Instructions: For each of the 4 domains below, please consider information derived from the patient, caregiver, and your observations, then estimate the level of impact associated with movements due to tardive dyskinesia (TD). For multiple inferences within a domain, the domain score should reflect the highest degree of impact on functioning. Although impact in each domain should be considered, the highest impact in any domain should be considered the single global score.

What is the **impact of TD** on a patient's life? Consider the degree of **interference, distress, and/or frequency** for each domain below. Impact scores should range from 0 to 3, where 0 = no impact, 1 = mild impact (impact is present, but minimal), 2 = moderate impact (exceeds minimal impact, but is not severe), and 3 = severe impact (significant and detrimental impact).

	Problems may include	Overall impact score range: 0 (no impact) to 3 (severe impact)
Social	<ul style="list-style-type: none"> • Difficulty participating in events with family and others (eg, holiday gatherings, religious institution attendance) • Self-consciousness/embarrassment about movements or being seen/asked about by others (ie, stigma, rejection) • Avoidance of interaction with others (eg, declines invitations, avoids leaving home, isolation) • Reduced quality of interpersonal communication (eg, distraction from conversation, problems interpreting body language) 	
Psychological/ Psychiatric	<ul style="list-style-type: none"> • Feelings of sadness, depression • Feelings of anxiety, worry, concern • Feelings of low self-esteem • Feelings of hopelessness, loss of sense of purpose • Poor concentration, attention, memory • Worsening or recurrence of previous symptoms/disorder (eg, depressed mood, anxiety, psychosis, aggression) • Difficulty with appropriate treatment of mental disorder (eg, reduced adherence with medication regimens, discontinuation of treatment) • Unhealthy coping strategies (eg, substance use/abuse) 	
Physical	<ul style="list-style-type: none"> • Difficulty using utensils, writing, typing, dressing • Difficulty speaking, chewing, or swallowing • Difficulty walking or maintaining balance (eg, stumbling, need for assistive device) • Problems breathing (eg, shortness of breath, gasping for air) • Pain due to TD (eg, biting inside of mouth, teeth clenching) • Difficulty sitting still/falling asleep 	
Vocational/ Educational/ Recreational	<ul style="list-style-type: none"> • Problems gaining or maintaining employment • Problems with recreational or vocational/educational performance (eg, poor concentration, trouble communicating, physical limitations) • Challenges getting to work/school or other activities • Difficulty with colleague/classmate/customer interactions • Difficulty performing tasks independently 	
Global IMPACT-TD Score (based on highest single score for any domain)		➔

Optional For Record Keeping

Patient ID #: _____ **Clinician name:** _____

Source(s) of information: Patient _____ Family _____ Caregiver _____
 Other Clinician _____ Observations _____

Clinical notes (eg, primary diagnosis, AIMS score, duration of TD, current treatment): _____

AIMS, Abnormal Involuntary Movement Scale.

Reference: Jackson R, Brams MN, Carlozzi NE, et al. Impact-Tardive Dyskinesia (Impact-TD) Scale: A Clinical Tool to Assess the Impact of Tardive Dyskinesia. *J Clin Psychiatry*. 2022;84(1):22cs14563. doi:10.4088/JCP.22cs14563

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